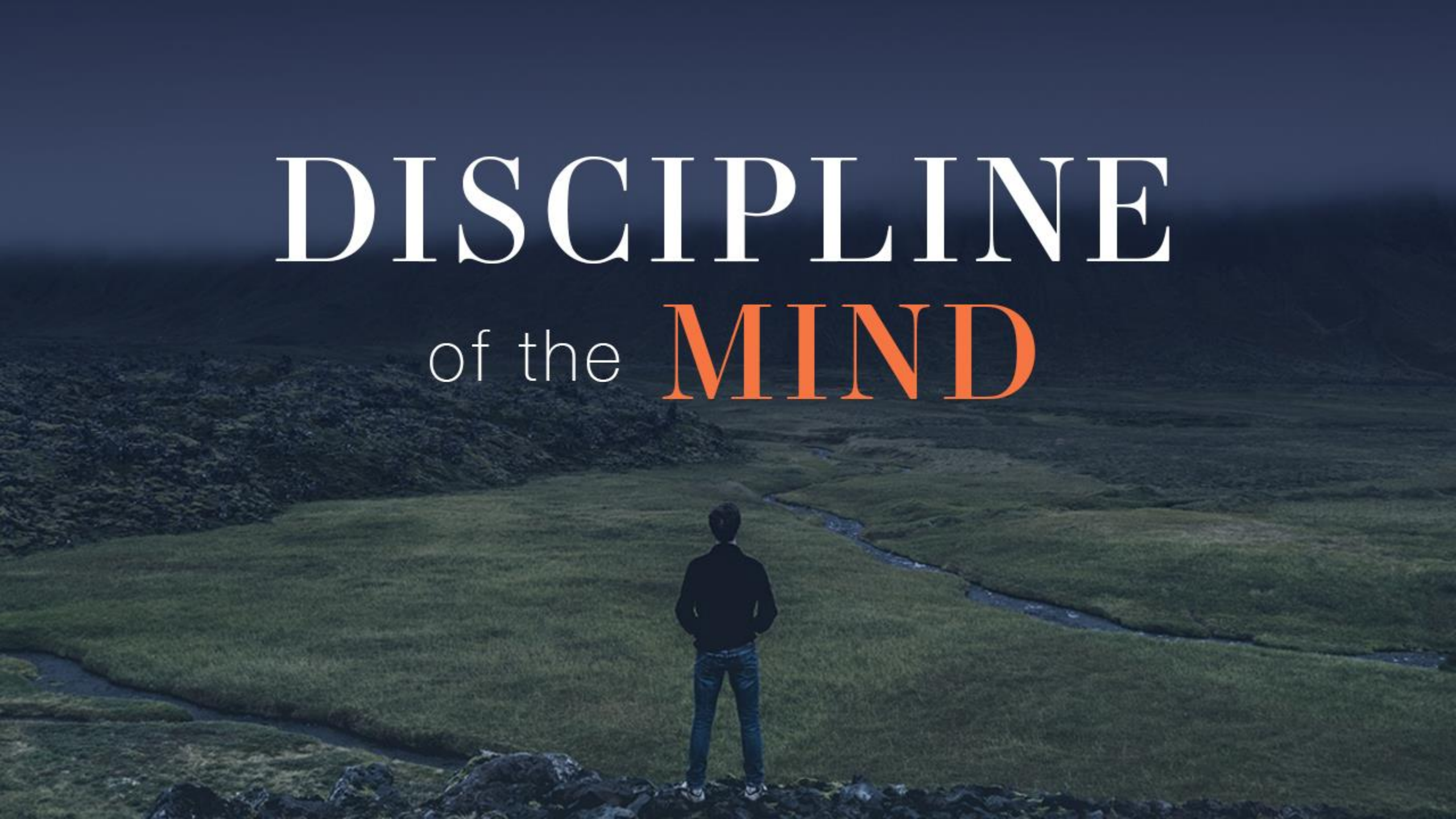


DISCIPLINE of the MIND




Discipline of the Mind

UNIT 1 – OUR SITUATION

1. The Real You
2. Defunct by Default
3. A New Creation

UNIT 2 – OUR STEWARDSHIP


1. Battle for the Mind
 2. Habits of the Heart
 3. Art of Redeemed Thinking
- 

Discipline of the Mind

UNIT 3 – OUR STRATEGY

1. *Love*: Practically Valuing Christ More
2. *Resolve*: Pursuing God's Glory and Our Joy
3. *Fight*: Preparing for Temptation

UNIT 4 – OUR SUPPLY

1. *Word*: Seeking the Mind of Christ
 2. *Prayer*: Seeking the Will of Christ
 3. *Spirit*: Seeking the Power of Christ
- 

Discipline of the Mind

UNIT 5 – OUR SATISFACTION

1. *Feelings*: Leading Our Own Hearts
2. *Hope*: Renewing Our Minds Daily in the Gospel
3. *Joy*: Striving with Our Minds for Joy in God's Glory



HOPE

RENEWING OUR MINDS DAILY IN THE GOSPEL



*You keep him in perfect peace whose mind is
stayed on you, because he trusts in you.*

Isaiah 26:3

ACTION

WILL

Mark 7:20
Matthew 12:34

Emote

Proverbs 15:13, 15

Perceive
(sensory)
Proverbs 15:30

REALITY
(or claim)

Feel

Proverbs 14:13; 20:5



Proverbs 4:23

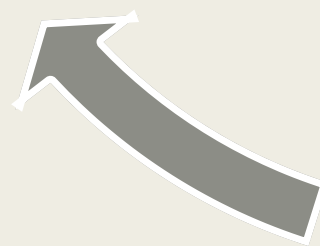
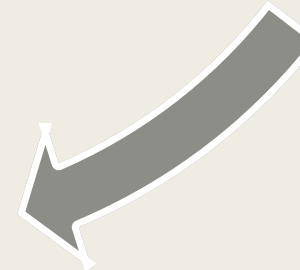
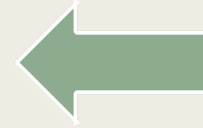
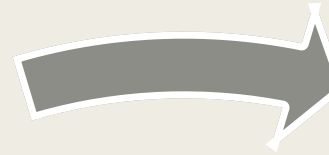
Process

- INSTINCT
- EXPERIENCE
- **UNDERSTANDING**

Psalms 13:5
Nehemiah 8:12
2 Corinthians 4:16

Interpret

Psalms 42:5, 11; 43:5; 77:3



A TROUBLED HEART

- Troubled heart
- Fear
- Anxiety
- Grief
- Despair
- Depression
- Suffering
- Sorrow
- Anger
- Faintheartedness
- Doubtfulness
- Insecurity

A TROUBLED HEART

Consequence of sin:

- Own
- Others
- Curse

PREACH THE GOSPEL TO YOURSELF

1. Fight Forgetfulness
2. Fight to Forget
3. Resurrection
4. Heaven
5. Love