

DISCIPLINE of the MIND




Discipline of the Mind

UNIT 1 – OUR SITUATION

1. The Real You
2. Defunct by Default
3. A New Creation

UNIT 2 – OUR STEWARDSHIP


1. Battle for the Mind
 2. Habits of the Heart
 3. Art of Redeemed Thinking
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UNIT 3 – OUR STRATEGY

1. *Love*: Practically Valuing Christ More
2. *Resolve*: Pursuing God's Glory and Our Joy
3. *Fight*: Preparing for Temptation

UNIT 4 – OUR SUPPLY

1. *Word*: Seeking the Mind of Christ
 2. *Prayer*: Seeking the Will of Christ
 3. *Spirit*: Seeking the Power of Christ
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UNIT 5 – OUR SATISFACTION

1. *Feelings*: Leading Our Own Hearts
2. *Hope*: Renewing Our Minds Daily in the Gospel
3. *Joy*: Striving with Our Minds for Joy in God's Glory



RESOLVE

Pursuing God's Glory and Our Joy



*Take care, brothers, lest there be in any of you
an evil, unbelieving heart, leading you to fall
away from the living God.*

Hebrews 3:12

*“Take heed of sloth and negligence of the will,
whereby the directions of reason will be
unexecuted, for want of resolution and command;
and so every temptation will carry away the
thoughts.”*

Richard Baxter

THE MIND MUST BE DIRECTED

Principle #1

THE MIND IS MORAL

Principle #2



CHARACTER IS CULTIVATED

Principle #3



A DISCIPLINED MIND IS ESSENTIAL FOR OUR JOY

Principle #4