

## Trustworthy Treasure – Part 1

**SCRIPTURE** Matthew 6:25-26: “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?”

### APPLICATION QUESTIONS

1. What do you worry about most? Why?

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2. In what ways do we trust what we treasure?

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3. The “therefore” in Matthew 6:25 grammatically connects this passage (6:25-34) to the previous one (6:19-24) with strong ties. This passage (6:25-34) tests our hearts by revealing where our true treasure is (see also Matthew 6:21). It was said that our minds will be drawn to what we value most. What is the literal meaning behind the Greek word for anxiety? How does this understanding of anxiety relate to the place of our treasures?

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4. What is the antithesis of anxiety?

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## DISCUSSION GUIDE

5. Discuss the statement: "Anxiety is practical atheism because the root of anxiety is unbelief in God. We cannot worry and worship God at the same time." Explain why this is true?

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6. Discuss the statement: "The ultimate cause of anxiety is not circumstances but an impoverished, warped view of God."

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7. "Don't worry!" doesn't mean "Don't work!" Read 2 Thessalonians 3:10 and 1 Timothy 5:8 and discuss the statement: "That God provides means does not free us from responsibility." Read Proverbs 21:31.

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8. An important key intended to stir our trust in God is given in Matthew 6:26 and 6:32. What is that key? (Hint: Christ contrasts the "creature to Creator" to the "child to Father" relationship) Read Matthew 7:9-11 and discuss the statement: "To worry is to behave as orphans when we have God as Father."

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9. Read Matthew 10:29-31 and discuss its connection to anxiety. Does Christ say "Do not be anxious" because He promises remove every danger in this life or exempt you from experiencing evil? How does your answer relate to Matthew 6:34? How does it relate to Matthew 5:10-12; 10:28; John 14:27; 16:33; 1 Peter 2:19; 3:14?

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## DISCUSSION GUIDE

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10. How do we know that God loves us and will care for us as our heavenly Father (Read Romans 8:33-39)? This should quiet our fears and dispel our anxieties, but only if our treasure is where? Who or what alone is a completely trustworthy treasure?

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